



victorious

BUT THANKS BE TO GOD! HE GIVES US THE VICTORY
THROUGH OUR LORD JESUS CHRIST.
I CORINTHIANS 15:57

From the Pastor's Desk

My Dear Trinity Family,

Let me begin by wishing each of you a very precious journey to the cross at Calvary. No journey can be more engaging. No journey can be more demanding. And no journey can be more life-changing. Be it in a conversation over coffee or at a water cooler or in the highest academic circles in our times, the cross of Christ looms over human history as an unmistakable and undeniable signature of the love of God. No wonder, the apostle Paul described the cross in Romans 1:16 as “the power of God for salvation of everyone who believes”.

May our Lenten journey to the cross beginning on Ash Wednesday, March 6th, be a truly engaging and liberating time spiritually for each one of us. This is a time in which old grudges can be buried, deep hurts can be healed, broken relationships can be mended, and the sins we repent from can be forgiven. Let us make no mistake by underestimating the power of this season. For centuries, Christians of different traditions have experienced the manifestation of the power of Christ and the work of the Holy Spirit in life-altering ways as they engaged in focusing upon the cross. Such focus has been made possible through meditating upon the scriptures, fasting, prayer - and other spiritual disciplines, be they of abstinence or engagement.

During this Lenten season at Trinity, we will be focusing on the theme, “Prayer that shapes our victory”. In order to help us learn, appreciate and experience the gift and power of prayer in a new way, we will be embarking on studying from respected pastor Rick Warren’s, “40 Days of Prayer”. We are truly grateful to each of our Sunday classes/groups that will also be engaging in the program by coming together at Fellowship Hall at 9:30 a.m. We are grateful to Pastor Peggy Spengler for inspiring us to embark on this series.

As we consider prayer, let me ask you a question. Are you someone who finds it difficult to pray in public? Let me begin by telling you that if your answer is in the affirmative, you are not alone. Now for a story. I will never forget the night I broke a tradition. For years the mid-week Bible study group at the Richmond Town Methodist Church in Bangalore, India used a simple method for group prayer. The same leader stood before the

group week after week and asked for prayer requests. The retired Indian Foreign service officer who was then in his late seventies would faithfully write each announced request on a black board. Upon receiving all requests for the evening, he would then pray a lengthy prayer mentioning all names on the black-board. On the night we broke tradition, I announced that after the names were written on the blackboard, we would get into circles of 3 or 4 and would engage in praying aloud in those groups. The moment I made the announcement, one of our most faithful and long-standing members, Brigadier Joyce Staggs, stood up and began to leave. As she left, she was heard commenting, "I have been in this church for the last 70 years and no one has got me to pray like that!"

During the week, I prayed much for Joyce and then visited with her. Our meeting provided for an honest conversation that was cordial and meaningful. The victory was that she agreed to come back to the mid-week Bible study group -but with the condition that she never be asked to pray aloud. During the months that followed, we continued to break into small groups, and it was a truly amazing to watch Joyce begin to pray aloud as well. A few month later, I announced one Wednesday night at the mid-week Bible study group that we would not be getting into our small groups for prayer in view of the extended nature of our proposed Bible study that night. Guess who was the first one to object? That's right! Brigadier Joyce Staggs. I couldn't help but burst into a smile when I heard her strongly advocate the practice of individuals leading in prayers in small groups.

Joyce is a model to me of a heart that loved God and was willing to be open to the gift of prayer. She also modeled a grace that was special. She did not quit the mid-week group when we made a change in our format. She did not contribute negatively with a dissenting voice in the community. She did not stop attending church. She was willing at her senior moments in life to trust God and a young Methodist minister with the changes that she was being introduced to. Joyce was therefore gifted the blessing of continued fellowship and of witnessing amazing answers to prayer in that group. Joyce also teaches us that prayer is not an item for specialists, but a gift for the common people of God. No wonder, the hymn writer James Montgomery penned these timeless words about prayer:

**Prayer is the simplest form of speech
That infant lips can try,
Prayer the sublimest strains that reach
The Majesty on high.**

MARCH 2019 THEME

PRAYER THAT SHAPES OUR VICTORY

March 3rd

A beginners guide to prayer*

Scripture 1: Romans 8: 26-30

Scripture 2: 1 John 5: 14-15

March 10th

Who do you think you're talking to?*

Scripture 1: Psalm 100

Scripture 2: Genesis 50: 15-21

March 17th

Praying in five dimensions*

Scripture 1: Romans 8: 15-17

Scripture 2: Psalm 139: 7-12

March 24th

How to pray throughout your day *

Scripture 1: Matthew 6: 5-15

Scripture 2: Ephesians 6: 18-20

March 31st

YOUTH SUNDAY

Transformed

Scripture 1: Galatians 2: 20

Scripture 2: 2 Corinthians 3: 18

** Themes taken from Rick Warren's
40 Days of Prayer*



I hope each of us will find this season ‘stretching our souls’ as we engage in our walk with God through the gift of prayer. As Alfred Lord Tennyson said, “More things are wrought by prayer than this world dreams of.” The challenge for each of us is to engage in prayer faithfully, fervently and with a spirit of adventure. I want to encourage you to consider embracing a **6 a.m. prayer challenge** this season. Would you consider rising every morning during this Lenten season to give God at least half an hour in prayer at 6 a.m. every morning? In the early nineties, the Lord touched a lady by the power of the Gospel when she was listening to my preaching in the city of Bangalore. Since then she began to pray for her family and especially her son. She longed that he would come to know Christ. She remained faithful in her prayers and witness. God did not fail her. I recently saw a video of that woman’s son and wife testifying of how they have committed themselves to a daily 4 am prayer challenge inspired by their pastor. The story is significant in my country because the son is Mahesh Bhupathi (The first Indian to win a grand slam in tennis and a title holder at the French Open and Wimbledon) and his wife Lara Dutta Bhupathi (is an actor, model and title holder of Miss Universe 2000). It was truly heartening to hear of the couple’s commitment to Christ as they spoke of the joy of beginning each day without cellphone or computer first, but with times of prayer first.

Prayer is not an item for specialists, but a gift for the common people of God

Friend, God is indeed waiting to do greater things through those who are willing to be faithful in little things. New Cumberland and the cities around us are in need of a divine revival. God is willing to do a new thing. He is waiting for true partners to come along. As F. B. Meyer said, “The greatest tragedy of life is not unanswered prayer, but unoffered prayer.”

Paul wrote about prayer when he said, “Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.” Philippians 4:6-7. No wonder he also wrote, “Pray without ceasing.” (1 Thessalonians 5:17) The Lord Jesus modeled a powerful example for all of us by seeking the face of the father constantly during his earthly journey. Mark, the Gospel writer, captures a glimpse of it when he says in Mark 1:35, “Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.”

If Jesus, who was the very son of God chose to pray like that, how much more must we?

In His Victory,

Pastor Arun

COMMUNITY GOOD FRIDAY SERVICE

TRINITY UNITED METHODIST CHURCH
FRIDAY, APRIL 19TH AT 12:00 PM

A note from your Pastor

Pastoral care at Trinity is a priority to me as your pastor. Over the last four years, I have enjoyed visiting with, praying for and working through life-situations with so many of you in the congregation. God has been good to us. Very good to us! Pastoral care and visitation are always a joy for me to engage in. I have never hesitated to be present, be it a 5:30 am pre-surgery prayer time at a hospital or a late-night call to be with a family in bereavement. One-to-one appointments at office, home visits in the company of our team, restaurant moments, pastoral conversations and prayers over phone calls have all been means of staying in touch with you as my congregation.

I am grateful for the incredible support of Parish Nurse Barbara Zimmerman, our homebound communion team, our retired ministers Rev. Carl F. Peterson (weekly visitation along with Barbara and me), Rev. Rodney Miller, Rev. Raymond Brooks, Rev. Richard Creamer and Rev. Marcia Haller. Our retired pastors are willing to listen to, care for and pray with individuals. We are also very grateful to have Rev. Peggy Spengler in our team as our pastor for prayer, discipleship and evangelism. Apart from this sturdy team of caregivers, we have so many of you in the congregation who go out of the way to make the love of Christ known to our fellow-worshippers/ friends in times of need. Thank you.

Please do not hesitate to reach out for pastoral care. In case of emergency or death please feel free to call me directly on my cell phone 717-829-6162.

Serving you for the cause of Christ,

Arun

Dan Stokes *The Lord bless you dear Friend*

We wish our dear brother and friend Dan Stokes the very best of God's blessings as he moves on to serve the congregation at Derry Presbyterian Church, Hershey, PA. Dan will be deeply missed in our Trinity family. We are grateful to God for the privilege of having Dan with us over the last three and a half years.

LENTEN LUNCHES

Where: Baughman UMC
228 Bridge Street
New Cumberland

When: 12:00 PM (noon) - Lunch
12:30 PM - Worship

RSVP: sign up sheets will be available on the information table.

March 6th Baughman UMC

March 13th Trinity UMC

March 20th Community UMC

March 27th Church of God

April 3rd St. Paul's Lutheran

April 10th St. Teresa's Catholic

Funeral Luncheons

We are grateful to Bonnie Moyer and Sue Wertz for their faithfulness in hosting our funeral luncheons for families in bereavement over the last seven years or more. Thank you Bonnie, Sue and Jim! Thanks also to each of you who have supported them by being volunteers over the years. Bonnie and Sue have requested to be relieved of this duty in view of Bonnie's health needs.

We are grateful to Carol and Randy Evertts who will help us host the luncheons in the future. Thanks to Ron Winter for being our funeral coordinator.

Funerals are very hard times for families. Our love and care makes a positive difference in helping them cope and find God's strength.

SOUP FELLOWSHIP is now.... SUPPER FELLOWSHIP!

Coming soon...sign up to volunteer online as well as on the table across from the mailboxes.

March 1

Ham and green beans, tomato bisque, grilled cheese sandwiches, angel food cake with cherries

March 15

Potato soup, beef BBQ sandwiches, pickles and olives, fruit and dessert (TBD)

Please note:

We WILL be serving a meal on Good Friday, April 19th, from 5:00-6:30 pm prior to the 7:00 pm Good Friday Service.



VBS
JUNE 9TH - 14TH
5:30 - 8:30 pm

Planting seeds
Transforming Hearts

Volunteer forms are available in the Lobby
or sign up online at:
Trinityumnc.com/ministries/kids/vbs

Volunteer Training Seminar dates:
May 5th, May 19th, June 2nd
(more details to come)

Coordinated by:
Donna Ratulowski & Haley Warner

A week's investment = Lifelong Impact

EASTER FLOWER ORDERS

We will be decorating the church with flowers for Easter again this year. Orders are due in the church office, along with your cash or check made payable to Trinity United Methodist Church (showing "Easter Flowers" in the memo) by **April 8, 2019**.

The cost is \$8.00 each. Please put the number of each type of flower that you wish to order in the space provided.

____ Tulip ____ Daffodil ____ Multi-Color Mum ____ Easter Lily

In Memory Of: _____

Given by: _____

In Honor Of: _____

Given by: _____

Take Flowers: _____ Leave for Homebound: _____

If you are planning to take your flowers, they should be taken home on Easter Sunday unless prior arrangements are made with Joyce Klinger at 774-3471.

Your Name: _____ Amount Enclosed: \$ _____

Phone #: _____ Check _____ Cash _____

TRINITY YOUTH HIGHLIGHTS

Trinity Youth Jump for Jesus at Sky Zone Outing!

Who ever said you can't fellowship while jumping at a mega trampoline park?! Well that's just what Trinity youth did in late January! The youth took a break from the business of studies and life to jump for Jesus together and overload on pizza at Sky Zone. They took out stress in healthy ways like chucking dodgeballs at each other, jumping into foam pits, and jousting each other off of the balance beam.



Rynex's Host 2019 Youth Suuuperbowl Party

Trinity youth are grateful to Amy & Ed Rynex for hosting this year's Youth Suuuperbowl party! It was a fun time of fellowship as we watched (a little) football and ate (a lot) of food!



Youth Room Grand Opening Scheduled for March 31st, 2019!

Please join us for a time of fellowship after the United Service. The youth will also be giving tours of the newly renovated youth room during this time. An extra thanks to our wonderful trustees for all your help and hard work!

YOUTH SUNDAY MARCH 31, 2019 UNITED SERVICE

Mark your calendars and invite a friend along! Trinity youth will be leading worship with the theme "TRANSFORMED".

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me."

~ Galatians 2:20



SUNDAY DUTIES FOR MARCH 2019

DUTY	MARCH 3	MARCH 10	MARCH 17	MARCH 24	MARCH 31 UNITED SERVICE
Altar Guild	Bonnie Minskey	Bonnie Minskey	Jean Ruth	Jean Ruth	Paula Taylor
Liturgist: 8:15	Jody Wickenheiser	Rev. Peggy Spengler	Bill Northey	Kaitlyn Wickenheiser	
10:45	Ryan Wickenheiser	(both service)	Doug Eakin	Andrew Wickenheiser	Trinity Youth
Children's Talk	Rev. Richard Creamer	No Children's Talk Communion	Melody Oligane	Missi St. Cyr	Trinity Youth
Nursery: 8:15	Amy Blakeley Cheryl Bargo	Donna Ratulowski Patsy Bashore	Doug Eakin Daryl Potteiger	Alexis Kiehl Irv Kiehl	
10:45	Sandy Williams	Betsy Miller Mary Herr		Barbara Mickle Cherice Swick	
Ushers: 8:15	Jim Wertz*, Eric Rodgers, Scott Loomis, Brian Weller, Kurt Schaeffer, Erik Schaeffer Scott Bankert*, Jim Strausbaugh, John Williams, Melody Oligane, Shirly Hetrick *denotes head usher				
10:45					
Coffee Fellowship	Adult Sunday School Class	Tuesday Morning Group	Chancel Choir	Sing & Celebrate	No Coffee Fellowship
Adult SS Teacher	40 Days of Prayer in Fellowship Hall				
Elective SS Teacher	Sharon Sheffer	Sharon Sheffer	Janice Ocamb	Sharon Sheffer	Janice Ocamb
Counting Team	Wilma Rockey, Kathy Karnes				

CENTRAL PA BLOOD DRIVE

Thank you, in advance for your interest, support, and commitment to saving lives. This year, as in the past, Trinity will be hosting the Central Pennsylvania "not-for profit" Community Blood Drive program on Saturday, March 23rd from 8:00 am to 12:00 pm. Please remember, for each unit of blood, three people have a chance to see another tomorrow. Consider this "gift of life" in remembrance of our Lord's sacrifice for each of us.

LENT BEGINS IN MARCH

Ash Wednesday is on March 6th. The evening service will begin at 7:00 pm and imposition of ashes will be administered.

Holy Communion will be on the first Sunday of Lent, March 10th and not the first Sunday of March.

MUSIC NOTES FROM DAN



Trinity's Youth know how to throw a party! My thanks to them, to Haley, to Carol Everetts and her team and everyone who participated in a celebration filled with joy, laughter and creativity.

The food was plentiful, and delicious, (especially the Andrew's family chicken curry). I confess, that I made more than one trip to the dessert table. This party included smiles brought by the choir guys serenading Doris Bair and the beauty of Amy Rynex's moving solo.

I found myself stopping for a moment to take in the sight of folks of all ages gathered around tables, thinking this is what Jesus may have had in mind when he told the parable of the Wedding Banquet. The fellowship of Trinity is the fellowship of folks who answered Jesus' invitation to feast at his table, accepting his invitation to live life abundantly. The songs, poems, letters and top 10 lists presented by our youth touched my heart deeply. In the process of naming moments we all shared, they also pointed to their faith in Christ, reminding us of the gift of community. You couldn't have given me a better gift; you couldn't have given our church family a better gift.

Your gift of notes and cards is the absolute best. I'm enjoying a card each day, taking time to lift each of you in a prayer of gratitude for your imprint on my life.

Know that I join you in prayers of gratitude for Pastor Arun, Haley, the staff and our leadership team, especially Jan Ocamb, Ken Gable and Beth Sider as they provide strong, loving and faithful leadership for the Trinity church family.

I wish to mention my gratitude to Pastor Arun for his openness to my ministry beyond music. When I joined Trinity, I requested him if I could visit members in the music ministry and their loved ones during times of their need. He most heartily agreed. I believe not every pastor may feel as secure as Pastor Arun does in sharing his pastoral space with others - be it with our retired pastors or with our lay people. I have visited on my own interest and have enjoyed the times I have spent with individuals in the congregation.

To borrow Paul's words from
Philippians 1:3

***I thank my God every time
I remember you.***

Onward with love and gratitude ,

Dan



OUR LENTEN JOURNEY

into the heart of God
through 40 Days of Prayer

40^{days of}
Prayer

*How can our lack of prayer
be transformed into a blessing?*

*How can it be changed
into the path where evil may be conquered?*

*How can our relationship with the Father
become one of continual prayer?*

We must begin by going back to God's Word to study the place God intends for prayer to have in the life of His child. A fresh understanding of what prayer is and what our prayers can be will free us from our wrong attitude concerning the absolute necessity of continual prayer.

We need insight into how reasonable this divine appointment is. We need to be convinced of how prayer fits in with God's love and our happiness. Then we will be freed from the false impression of prayer being an arbitrary demand. We will yield to prayer and rejoice in it as the only way for the blessing of heaven to come to earth. Prayer will no longer be a task and burden of self-effort and strain. As simple as breathing is in the physical life, so will praying be in the Christian life that is led by the Spirit.

Our failure in the prayer life is a result of our failure in the Spirit life. Any thought of praying more and of praying effectively will be in vain unless we are brought into closer intimacy with our Lord. His life of prayer on earth and of intercession in heaven is breathed into us in the measure that our surrender and our faith allow. (The Best of Andrew Murray on Prayer, Barbour Publishing Inc.)

Join us on Sundays in Lent (beginning March 3) for Pastor Arun's sermons on the Victorious Life we can have in our prayer life; and for the Sunday School hour in Fellowship Hall at 9:30 am for a video and small group discussion and prayer, followed by your week-day walk with God through your Prayer Journal.

You can also connect with a small group on Wednesdays at 11 am prior to the Community Lenten Lunches at Baughman and on Thursdays at 10:30 am here at Trinity.

LET'S MAKE A DIFFERENCE!

The UMCOR Special Sunday is on March 31st, and we want to remind you that even though writing a check or putting cash in the offering doesn't feel exciting, you really ARE making a difference.

Your donations to UMCOR on this Special Sunday help:

- Refugees in Clarkston, GA earn a living wage and get job training.
- Deliver food, water, shelter, and long-term recovery assistance to help many of the 68.5 million people displaced by war, persecution, and natural disaster.
- Distribute relief kits to those in need following the U.S. hurricanes.

There are countless other stories about seeing God's work in action through UMCOR. We want you to know that it is something we can do together to help give relief and spread God's love throughout the world.

Your gifts on UMCOR Special Sunday underwrite UMCOR's "costs of doing business." This helps UMCOR keep the promise that 100% of any gift to a specific project will go toward that mission, not administrative costs.

This is such an important gift and one that we can do together. Let's make a difference, together.



June 19th 9:00 AM to 2:00 PM

July 10th 9:00 AM to 2:00 PM

July 31st 9:00 AM to 2:00 PM



MARCH 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUNDAYS 8:15am Worship Service - S 9:30am Sunday School for All Ages 9:30am Coffee Fellowship - FH 10:45am Worship Service - S 10:45am Kingdom Kids - JR			WEDNESDAYS 6:30 PM Sing & Celebrate 6:30-7:15 PM SONshine Singers	THURSDAYS 6:30-7:30 PM United Bells 7:30 PM Chancel Choir	1 9:00am Prayer Breakfast (Ickler's) 5:00pm Community Soup Fellowship (K&FH)	2
3 6:00pm Youth Group (FH & WR)	4 9:30am Strong Women (MO)	5 9:30am Tuesday Morning Group 11:45am Downtown Daily Bread	6 9:30am Strong Women (MO) 7:00pm Ash Wednesday Service	7 10:00am Sewing (WR) 10:30am Celebrate from Heart & Spirit (L & L)	8	9 8:00am Men's Lenten Prayer Breakfast 9:00am Communion Prep (WR)
10 12:30pm Starfish 6:00pm Youth Gr 6:30pm Prayer Shawl	11 9:30am Strong Women (MO) 10:45am Grandparents in Prayer (SJ)	12 9:30am Tuesday Morning Group 11:45am Downtown Daily Bread 7:30pm NC Town Band (FH)	13 9:30am Strong Women (MO)	14 10:30am Celebrate from Heart & Spirit (L&L)	15 TIDINGS' DEADLINE 5:00pm Community Soup Fellowship (K&FH)	16 8:00am Men's Lenten Prayer Breakfast
17 9:30am Blood Pressure Check 6:00pm Youth Group (FH & WR)	18 9:30am Strong Women (MO)	19 9:30am Tuesday Morning Group	20 9:30am Strong Women (MO)	21 10:00am Sewing (WR) 10:30am Celebrate from Heart & Spirit (L & L)	22	23 8:00am Men's Lenten Prayer Breakfast 8:00am Blood Drive
24 5:00pm Youth Singers 6:00pm Youth Group (CR & FH) 6:30pm Prayer Shawl	25 9:30am Strong Women (MO) 10:45am Grands in Prayer (SJ) 6:30pm (SJ) Leadership Mtg	26 9:30am Tuesday Morning Group 7:30pm NC Town Band (FH)	27 8:30am Assemble Tidings (OC) 9:30am Strong Women (MO)	28 10:30am Celebrate from Heart & Spirit (L & L) 11:00am Staff Meeting (OC)	29	30 8:00am Men's Lenten Prayer Breakfast
31 Youth Sunday UMCOR Sunday 10:45am United Service 6:00pm Youth Group (CR & FH)	CR=Creation Room PS=Preschool Room YD=Young Disciple Rm WR=Wellness Room L&L=Lion & Lamb Room JR=Junior Room FH=Fellowship Hall MO=Mt. Olivet Room O=Otterbein Conf. Rm S=Sanctuary SJ=St. Johns Room				Take 5 to Pray Daily at 8:30 PM	



Trinity United Methodist Church

Susquehanna Conference

THE UNITED METHODIST CHURCH

415 Bridge Street
New Cumberland, PA 17070
717-774-7146
www.trinityumnc.com

Sunday Worship Services

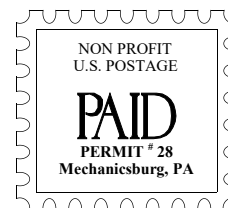
8:15 AM and 10:45 AM

Sunday School Classes

For all ages at 9:30 AM

Dated Material

**FORWARDING SERVICE
REQUESTED**



The mission of the United Methodist Church is to make disciples of Jesus Christ for the transformation of the world

March
2019



Please submit
articles for the
APRIL 2019
TRINITY TIDINGS
by March 15th

MEN'S LENTEN PRAYER BREAKFASTS

Enjoy our finely cooked homemade hallmark Trinity Men's breakfasts and encouraging lessons from God's word. Breakfasts at 8 am followed by lessons from God's word. Saturdays in Lent beginning on March 9 and ending on April 13. Speakers in sequence: Rev. Gary Weaver, Rev. Laura Kincaid, Rev. Dr. Dennis Keller, Rev. Arun Andrews, Rev. Barry Robison, and Rev. Mack Granderson.

THEME: The Divine Fitbit!

Taking steps to be in sync with Jesus!

Taking steps to be a little more like Jesus can make our homes, jobs and retirement lots more exciting and purposeful! Join us in a series that can feed your appetite and your soul! For further details contact Eric Rodgers or Pastor Arun.

