



A PRAYER FOR ALL SEASONS

How the Lord's prayer can
help us navigate through life
and even through the storms

From The Pastor's Heart

My dear Trinity Family,

The Lord has been good to us through this challenging time.

His promises have inspired us.

His Spirit has sustained us.

His presence has surrounded us.

His people have prayed for us.

His hand has blessed us.

His love has filled us.

As we move into July 2020, let us continue to pray:

For the healing of hearts and breaking of walls amidst our racial pain, mistrust and anxiety.

For a cure for the coronavirus. For families/individuals grieving the loss of loved ones across the world.

For those in other countries for whom lockdown has meant virtually no leaving their homes or apartments since March 2020.

For wisdom and guidance to our leaders at all levels of governance and polity as we speak of reopening and regathering.

For those in the medical, response and research frontlines in the battle against COVID-19.

For the class of 2020 for whom graduation memories will always remain unique.

For the global church as it returns to buildings after being reminded that the 'real church' is God's people and not a building.

For children who miss summer activities including on-site VBS and Summer in the Sonshine.

For the earth to be filled with the knowledge of the glory of the LORD as the waters cover the sea

(Habakkuk 2:14)

For the people of New Cumberland.

For Doug Morrow our Mayor who is recovering after a time of serious health challenges.

For those we serve through our “Blessing box” ministries.

For friends whom we miss as our New Cumberland Supper Fellowship is on hold.

For our team as they prepare for VBS online for our children.

For our Alpha courses, online.

For troubled families in our town. For those addicted to substance abuse and alcohol.

For those in financial distress.

For our vulnerable adults who have to take extra precaution.

For our youth and their families as they prepare for a new school year that will be different.

For our leadership team and team of staff -for guidance, wisdom and daily strength.

For those who need God’s healing touch – especially Sue Beshore.

For parents and children who have grown closer through this season.

For families that have grown apart through this season.

For Bishop Jeremiah Park and his cabinet.

For our brothers and sisters of the Susquehanna Conference.

For District Superintendent, Rev. Barry Robison as he is on renewal leave.

For the General Conference of the UMC scheduled for 2021.

For a new and great revival to sweep our Nation and world.

For hearts to be drawn to Christ and his saving grace.

For Trinity’s evangelism and Gospel-sharing efforts.

For every member in our church to be bold to “Tell our story for His glory”

For the ministry of sharing our music and messages online and beyond our walls.

For the God-gifted opportunity to share the Gospel and God’s Word through the radio.

For children and youth to come to know Christ and follow Him early.

For those in senior years who may be in need of the assurance of salvation.

For.....

(I encourage you to list other prayer requests that you are able to think of. Please extend this page into your prayer journal or into a computer page)

JULY THEME

A PRAYER FOR ALL SEASONS

How the Lord’s prayer can help us navigate through life and even through the storms

July 5

Your kingdom come, your will be done, on earth as it is in heaven:

His Kingdom is our priority

(Holy Communion service)

Scripture 1 : Matthew 6: 25-33

Scripture 2 : Matthew 6:10

July 12

Give us today our daily bread:

Our trust is a necessity

Scripture 1: Philippians 4:10-20

Scripture 2 : Matthew 6:11

July 19

And forgive us our debts, as we also have forgiven our debtors:

Forgiveness restores connectivity

Scripture 1: Matthew 5:21-26

Scripture 2 : Matthew 6: 12

July 26

And lead us not into temptation but deliver us from the evil one:

Temptation is a reality

Scripture 1: Ephesians 6:10-

20 Scripture 2 : Matthew 6: 13

As we continue in our series, “A prayer for all seasons” based on the Lord’s prayer, it is my prayer that we will each one be inspired to add at least 10 minutes more into our daily prayer times. I am not talking of “prayers on the go”. I am talking of uninterrupted prayers in quiet, deep communion with God. Prayers in a quiet space, maybe seated in a quiet room or for some even on our knees. Prayers in which we celebrate being with God as the greater privilege than asking God for anything. Prayers that remind us that just like the best thing in romance is to be with the one we love, the best thing in this gift is just that – being with the ONE we love.

When I was growing up in India, my mom woke me up every morning between 4.45 am and 5.15 am – this began as early as in middle school. This early start allowed me to get ready for the day and spend an hour with God – about half of it on my knees in prayer and the other half in studying, marking, journaling and meditating upon the Scriptures. Those years were the times through which God was shaping me, chipping at my soul, humbling me, encouraging me, breaking me, molding me, teaching me, placing a vision in me and preparing me for what he was intending me to be in Him. I am always grateful not only for the prayerful lives and support of dad and mom but for their commitment to lose sleep and wake up early and help their children understand the value of daily disciplines that make disciples for Christ.

Some of us might find praying long a challenge. But guess what? Here is a testimony. I used to run daily in India but after coming here in 2014, I opted to cycling and also using the elliptical for daily exercise. Recently I wanted to get back to running. I tried running a few hundred steps and boy, did I feel like an old soul and sole! But I had a trainer beside me who would not let me give up. “You can do it, dad. Take a break but don’t stop trying”. So I kept at it and kept at it and slowly but steadily began to breathe easy, stretch nicely and cruise at my personalized speed (which may not be fancy for others) – but I am running without stopping and enjoying it.

A.W.Tozer noted, “The habit of breaking off prayers before we have truly prayed is as common as it is unfortunate. Often the last ten minutes may mean more to us than the first half hour, because we must spend a long time getting in the proper mood to pray effectively”

I hope you will keep praying and praying and praying until you don’t feel the call of the clock as much as the call of delightful intimacy with God.

In this season of a global pandemic and racial pain in our nation, God may be looking for faithful prayer warriors. People who set their eyes on Him who is able, on a city that is eternal and on souls that are perishing without the saving knowledge of Christ. My friend, we must do all we can to serve people and even elevate their human pain and suffering as best possible, *but we must never forget that there is an eternity beyond this life that we must help them prepare to face.* The Scripture reminds us, that, “people are destined to die once, and after that to face judgment” Hebrews 9:27. The Scripture also remind us of the offer of the Lord Jesus in John 5:24, “Very truly I tell you, whoever hears my word and believes him who sent me has eternal life and will not be judged but has crossed over from death to life.”

This is our time to pray. This is our time to share. This is our time to boldly share the Gospel and to lead people to the saving knowledge of the Lord Jesus Christ. As someone said, “Life with Christ - an endless hope. Life without Christ - a hopeless end”.

In this mission together with you.
Sharing our story for his glory!
Pastor Arun

More things are wrought by prayer than this world dreams of.
~ Alfred Lord Tennyson

Dear Trinity Family,

As some of you know, I recently and unexpectedly required gallbladder surgery, but I am happy to be back home and on the mend. I feel blessed that this is the first serious health issue I have had in all these years and the first time I have been the recipient of the uplifting power of love through simple cards, flowers, phone calls of encouragement offers of food and of course prayers! What a pick-me-up you have all given me... from my Chancel Choir family, to the Stitchin' Sisters, as well as my Sunday School and Chant N Chew buddies, I appreciate and cherish you all!

I especially want to thank the Andrews family for connecting with me via phone (though Arun's phone call to me in the ER via some staff member's cell phone is still a mystery to me!) and having prayer over the phone just before surgery - your ongoing prayers and encouragement as well as those of your extended family in India is a cherished blessing. Last, but not least, thanks to dear brother Glenn - accommodating and thoughtful to the point of even anticipating my needs before I know them.

The Lord has truly blessed me with good health, family and friends.

*With deep appreciation to all,
Jan Ocam*

*many
thanks*

Dear Friends in the "Sing and Celebrate Choir" at Trinity,

Quite unexpectedly, Lee and I received from you a surprise gift on Saturday 5-23-20, delivered by Terry and Karen Bowen (with masks on of course)! All gifts were useful items or edible - Hershey Hugs and Kisses, no less! Yum Yum! The note pads are always handy - I'm using one now. And of course you included 2 pens - another must for writing. I discovered the devotional booklet "Our Daily Bread" has features such as the "Topic Index" which is not found in some other devotionals. So I'm pleased with that as well. We do thank you so much for all these gifts, as well as your thoughts and concerns for us, and especially for your prayers.

May you and all your loved ones be blessed and be aware of God's Presence with you at all times.

*Appreciatively and with Love in Christ,
Elaine and Lee Ocam*

We would like to thank everyone for their prayers, cards, calls and E-mails about John's surgery and recovery. A special thank you to Pastor Arun and Pastor Peggy for their telephone calls. They meant a lot to us during this difficult time when there are no hospital visits.

John and Mary Twigg

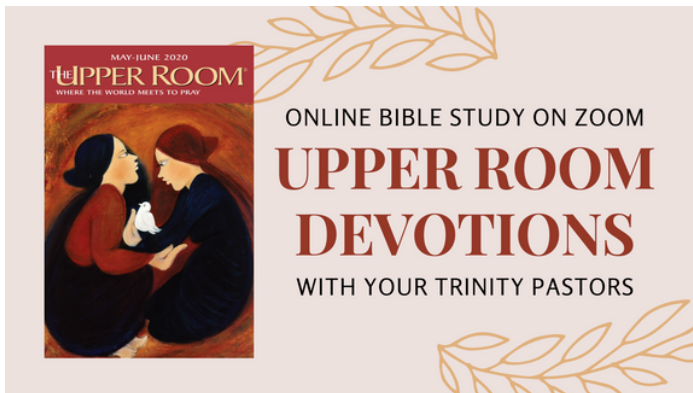
*thank
you*

Looking for some help in your yard this summer? Hello fellow Trinity family! In an attempt to serve my community as well as make some extra money, I would like to take this opportunity to offer my help outdoors. If you are interested, please contact me via phone at 717-914-7708 or email emilywenger17@gmail.com.

In Christian Love, Emily Wenger

TRINITY RADIO BROADCAST

Trinity Church has again seen the hand of God directing our path. The Leadership Team approved a six month trial radio series at their recent meeting. The 25 minute program will be every Sunday at 1:00 PM on WDAC, 94.5 FM. God has provided a sponsor who has completely covered the trial cost. Please share the information about the program with your friends, so they too can be challenged by Pastor Arun and the spoken word. May this be a means by which many hear the Gospel.



UPPER ROOM DEVOTIONALS WITH TRINITY PASTORS

When? Wednesday mornings at 10 am

What? Follow us with the Upper Room Wednesdays Devotional for discussion on the scripture and sharing the Upper Room Story with our own stories. We will close in prayer for your concerns.

Each week we will have one of our retired Pastors lead the discussion. This is not limited to our retired pastors. God is calling you to share, please know you are welcome. Call Pastor Peggy 717-433-1670.

How to join?

Jocelyn will be sending out the ZOOM link each week via email. You can also dial in via telephone if you prefer not to use the internet or computers.

Dial New York number +1 646 558 8656.

Meeting ID: 823 0808 1491 and Password: 868204. We recommend you check with your phone provider if additional long distance calls are applicable.



ROCKY RAILWAY VBS

Climb aboard for mountains of fun at Rocky Railway! On this faith-filled adventure, kids discover that trusting Jesus pulls them through life's ups and downs. Registration is open until July 12th for Rocky Railway.

Register at www.trinityumnc.com. To know more, call Donna Ratulowski, Miriam Andrews or the Church office.

REGATHERING OF TRINITY

The Leadership Team appointed a sub-committee to prepare the building and facilities and to also recommend protocol for caring, precaution and safe/healthy return. We have guidelines prepared by Bishop Jeremiah Park and the cabinet to follow and also inputs from the CDC. The protocol we prepare at Trinity will be forwarded to our District office. As of today, June 24, 2020, Bishop Park has issued a letter in which he has highlighted our current COVID-19 update/ concerns in PA and has implored with us in the following words, "I urge you, then, to continue your carefully considered plans to re-introduce in-person gatherings and take steps very slowly. This transition should not be a quick one."

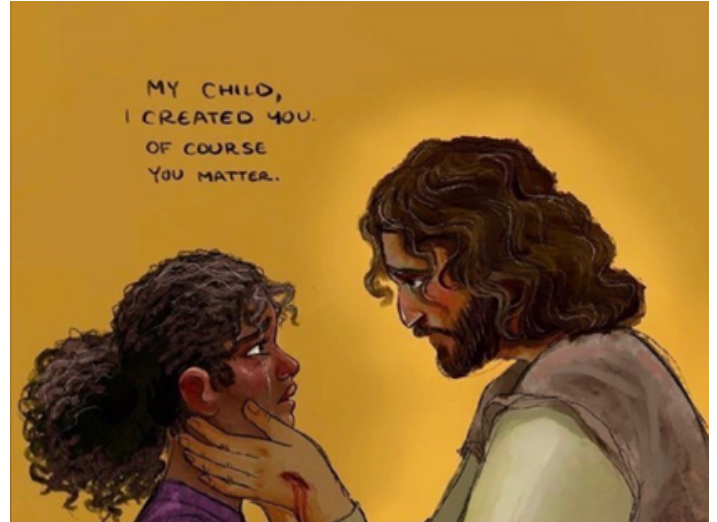
We are in a learning curve together. We don't want to inconvenience anybody or hamper ongoing ministry but we certainly don't want to put anyone in harm's way either.

TRINITY YOUTH HIGHLIGHTS

by Haley Warner

Trinity Youth Stand Up, Speak Out, & Act for Justice this June. “Black Lives Matter”

From educating ourselves, to posting on social media, to having difficult and respectful conversations with friends and family, Trinity Youth have been speaking out against racism and hatred during this challenging time, while also standing up for justice and for the ultimate Gospel truth... that Jesus died for all and that EVERY LIFE MATTERS!

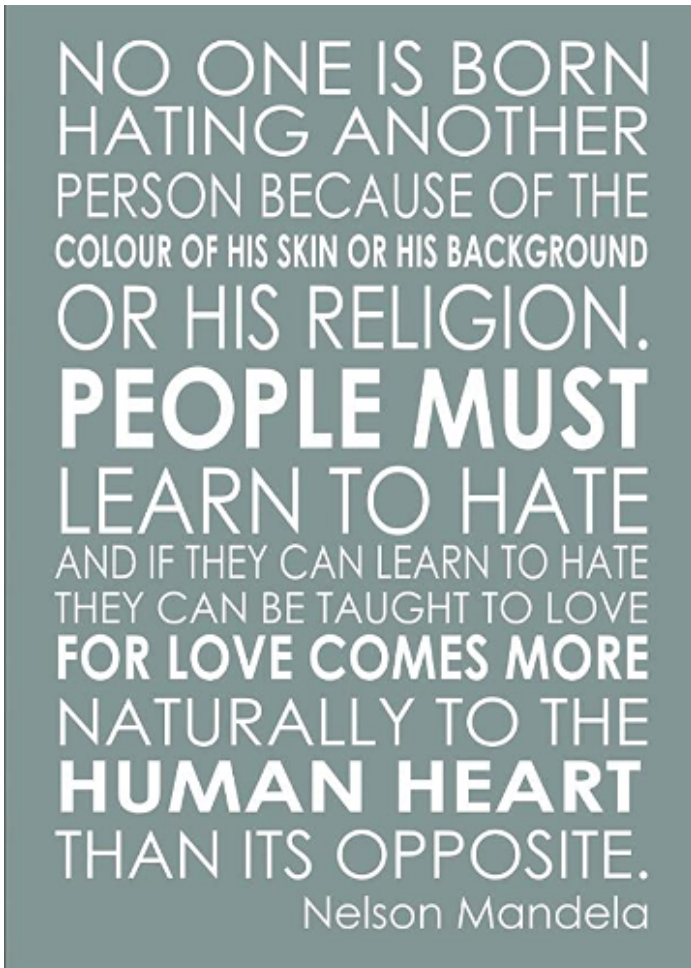


Trinity Youth Participate in Salt 'n Light's “5K to Thrive” from Home!

On Saturday June 13th, 2020 a group of Trinity youth and leaders committed to running, walking, or biking 3.1 miles to show their support and raise money for Salt 'n Light Youth Ministry.

“The primary purpose of Salt 'N Light Youth Ministry is to provide events and resources throughout the mid-Atlantic region that cultivate students' faith and aid youth leaders in making disciples for Jesus Christ.”

Thank you to everyone who sponsored our youth group! If you would like to give a donation to Salt 'n Light Youth Ministry on behalf of Trinity Youth, please send your donations to the church office labeled for Salt 'n Light Youth Ministry on behalf of their “5K to Thrive”. Thank you for supporting this incredible ministry that has forever impacted so many of our youths' lives and faith.



A NOTE FROM OUR MUSIC DIRECTOR

June was an exciting month of “Music Sundays.” Each Sunday, we offered a variety of musical expressions and offerings. With many of these offerings coming from the sanctuary, I feel blessed to serve the Lord in such a beautiful and sacred space.

Now, as we enter into July, the music continues, and in many and varied ways! Thank you to those who offer music, and to those who will offer music as we move forward. I do indeed feel a deep connection to everyone through the powerful gift of music!

Thank you to all who continue to support the Wednesday Midweek Music Series. It has been a great joy to interact with everyone through our online dialogue and music making. Join us at noon on Wednesdays!

I very much look forward to the time when we regather regularly, singing and making music from our heart to the glory of God!

Soli Deo Gloria!
Todd



Go to <https://trinityumnc.com/scripture-song/> for our latest Blog series "Scripture & Song".
Comforting words of scripture and ageless hymns



Join us weekly at noon on Wednesdays
to listen to a variety of music performed by
Todd Davis on Facebook Live.

THANK YOU!

We want to thank each of you who have faithfully supported the ministry of our Lord at Trinity especially through this very challenging global season of the pandemic. Life has not been easy – but you have stayed faithful. May our Lord bless you and your loved ones abundantly as you continue to serve him through your love, witness, talents and gifts. Thanks for your commitment to send your contributions through checks/ giving electronically. Each gift you give is a reminder that God has more for us to do for the community and the world as a local church.

We are grateful for our leadership team, Trustees, team of staff and volunteers who have helped keep our essential ministries and programs functional during this time.

LOVE BOXES: INVITING YOUR PARTICIPATION

Love box donation drop off dates:

July 9 & 23 from 9 AM to 12 PM (noon)

We are inviting you to continue to participate in our “Love Box” ministry led by Trinity’s Helping Hands under the leadership of Carol Evertts. If you are able to contribute items for a box, please purchase the following items listed below and drop them off at the church during the specified date/time. Kindly drive to the rear door of the Fellowship Hall (the one with a short ramp) on Maple Alley and park your car at the door. Harry Rodriguez will collect the box from your car’s boot. Please remain in your car with your mask on. Thanks for your support.

Food Suggestions for Love Box is as follows:

- Medium size can of fruit
- Lg. plastic bottles of Juice ex: grape, apple, and orange (no grapefruit please)
- Medium size cans of soup ex: chicken noodle, tomato, vegetable
- Cans of tuna fish
- Noodles
- Spaghetti sauce
- Dry Spaghetti
- Parmesan Cheese
- Spaghetti sauce
- Box of crackers ex. Ritz, Townhouse, saltines, etc.
- 1 jar of peanut butter
- 1 Jar of Jelly ex: strawberry, grape
- Cookies: medium or 1 large
- 1 large bag potato chips
- 1 large pretzels
- 1 med. size can of spaghetti Os
- 1 med can raviolis
- 1 box of macaroni's
- 1 box health bars
- 1 large box of cereal
- Cans of chicken

If you have any questions or want to know more, please contact Carol Evertts.

STARFISH MINISTRIES

Starfish Ministries is now collecting the following items:

- umbrellas
- low white socks for men
- chap stick
- deodorant
- shave cream
- toothpaste and tooth brushes
- foot powder
- antacids
- aspirin
- Tylenol
- band aids
- triple antibiotic ointment
- hydrocortisone cream

FOR OUR FRIENDS ON THE STREET!

For more info, please contact
Carol Crossley at 717-379-9030.



LOVE BOXES FOR FREE!



ALPHA ONLINE BEGINNING JULY 8, 2020

We have a place for YOU! Why not accept our invitation and join us for the ALPHA meeting, "There has to be more to Life than this?"

This is a question that we all ask ourselves; and at this time in history when we are being kept from the busyness of our "normal" summer, why not explore the question of the evening?

Join us every Wednesday beginning JULY 8, at 7:30 PM. Just register at the link below and Jocelyn will send you the ZOOM link to be part of the evening.

Our Team of Hospitality folks are ready to greet you.

Register:

<https://trinityumnc.com/next-steps/alpha-course/>
You'll receive an email with more details.

Questions:

Email pastorpeggy@trinityumnc.com or call her at 717-433-1670. She would love to spend some time with you!



Join us weekly on Tuesdays
from 8:00 - 8:30 PM for a time
of prayer on Facebook Live.

STOP & PRAY TIMES AT 8.30 PM

Please continue to join us every night by praying wherever you are for at least 5 mins. A heart that is broken by the pain of this world can be a powerful instrument in the hand of God. Broken prayers can heal the world!



FOR OUR PRECIOUS SECRET SISTER'S...

Lord, help me believe that I can make a difference. "He has showed you, O mortal, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God.". Micah 6:8. For many of us our acts of service are our family and neighborhoods. Never minimize how our loving God has called you to serve, or the burden of others He has placed on your heart. There is power in one person following our Lord that can impact the needs of our world.

God bless you dear one, stay well.

CELEBRATE FROM HEART AND SPIRIT GROUP

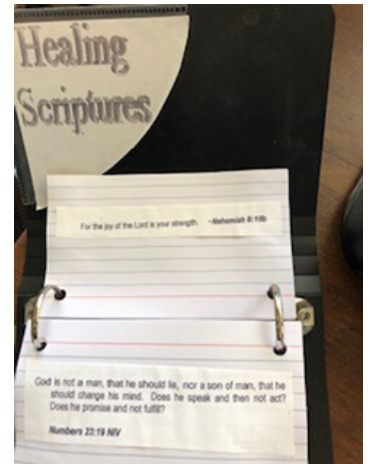
We are continuing our Bible Study with telephone and written letter (some of us are not online). Our study is called Operation Psalm 91. We are currently studying The Believer's Authority by Andrew Wommack.

Anyone interested in joining, call Linda Love.

PANDEMIC & RACISM PRAYER

SCRIPTURE MEMORIZATION CHALLENGE FOR THE REDEMPTION OF THE WORLD

HERE IS A PICTURE OF MY “HEALING SCRIPTURE” ROLODEX. This was made for me by one of the Prayer Warriors that prayed me through cancer. She went through the Bible and pulled out every scripture on healing and typed it on a sheet of paper. Then she cut them out and pasted them on index cards and put it in the binder. WOW! What a labor of love! Thanks be to God for Linda who was blessed in her labor of love to God and for me; and my receiving the blessings of the scriptures prayed over me and through me as I prayed the healing scriptures.



I pray that you are growing in your love of God and His Word for you, your family, neighbors and those we encounter through the media. My mother was always distraught over the news. I would tell her to watch only a half hour and then take the news to the Lord in prayer claiming His Word over each situation.

I know each of you already have scripture(s) that are meaningful to you. Realize the wealth of God that is already planted in your heart and mind and the blessings on others as you pray those scriptures over your friends, family, neighbors and the world.

Why not make your own Healing Scriptures rolodex? Our Scripture Bee is not about how much we know, but how often we use the “Sword of the Spirit – The Word of God” (Ephesians 6:17b) in our daily living.

When we are finally able to come together, we can share our stories of how God brought His Word to our minds as we prayed for others. We can celebrate how God has used these weeks of the Pandemic and racial pain to bring us to a deeper relationship with Him through His Word. Thanks be to God.

In His presence and power,
Pastor Peggy



JULY PRAYER CHALLENGE

Every time you see a picture/ advertisement on television, in social media, in the newspaper containing a person who looks different from you, would you pray a prayer for the healing of deep racial wounds, mistrust and brokenness in our nation?

OFFICE APPOINTMENTS

If you need to visit the Trinity office, please phone the office (717-774-7146) during office hours and schedule an appointment. If your call is not picked up, please leave a message and your call will be returned to confirm your time. Please see the complete letter on the website which also includes information about how copies can be acquired for volunteers' church work area. Masks will need to be worn inside the building and we will be mindful of social distancing.



Trinity United Methodist Church

Susquehanna Conference

THE UNITED METHODIST CHURCH

415 Bridge Street
New Cumberland, PA 17070
717-774-7146
www.trinityumnc.com

Sunday Worship Services

8:15 AM and 10:45 AM

Sunday School Classes

For all ages at 9:30 AM



Trinity UMNC

Dated Material

**FORWARDING SERVICE
REQUESTED**



The mission of the United Methodist Church is to make disciples of Jesus Christ for the transformation of the world

July
2020



Please submit
articles for the
AUGUST 2020
TRINITY TIDINGS
by July 15th



Tune in each week to listen to a short message from God's Word. On our website go to Resources > Recorded Messages and click the "Safe & Sound" series to listen to each week's message. Share the link with friends and family beyond Trinity. Just one link you share, can touch a life with God's love.